

Stevenswood Improvement Association, Inc.
General Meeting
Northwest Hospital – Pike Conference Room

Wednesday, April 13, 2016
7:00 - 8:30 p.m.

Meeting Agenda

1. Welcome and Introductions:
2. Police Report: Off. Kristi Makowiecki
3. Treasurer's Report: Mrs. Patricia Mosley
4. Speaker: Mrs. Clerman, Alzheimer's Association of Greater MD Chapter
5. Questions & Answers
6. Primary Election & Early Voting Dates
7. From the Floor
8. Next meeting Date: July 13th @ 7:00 p.m.
9. Adjournment

Attendees

Members

(20)

Alice Battle
Arthur Brown
Regina Byrd
Charles Campbell
Florine Camphor
Theo Clark
Tracey Hanks
Robertta Kelly
Pearl Kennard
Rosalind Little
Beverly Mason
Zorry McDowell
Patricia Mosley
Dazzell Mosley
Corrina Murray
Aaron Plymouth
Mack Randolph
Roland Stewart
Carl S Waters
Gwen West

Guests

Bernadette Green

Officer

Kristie Makowiecki

Stevenswood Improvement Association, INC.

April 13, 2016

General Meeting Minutes

1. *Welcome and Introductions began at 7:05 pm.*
2. *Police Report- Officer Makowiecki -January 13-April 12*
 - a. *Arson – 3309 Lauri Road – Suspect Arrested*
 - b. *Arson- 3419 Edcrest Road Front grass set afire.*
 - c. *Baltimore County Police Body Cameras are coming.*
 - d. *No Robberies*
 - e. *No Burglaries*
 - f. *Tennis over wires – Gang signs were discussed, but not deemed to be a significant problem.*
3. *Treasurer's Report*

Bank Balance -- As of March 31, 2016 is \$3,765.03.
4. *Speaker – Lisa Clerman, Alzheimer's Association Greater Maryland Chapter (www.alz.org)*
5. *Questions & Answers*
 - a. *Taste of Randallstown - 2nd Annual "Taste of Randallstown" Friday, 4/22/2016 7-11pm @ Diamondz Event Center, 9980 Liberty Road Randallstown, MD 21133, 410-521-1155. Tickets \$40.00 / Table of 10 \$350.00. Contact Aaron.*
 - b. *Operation Clean Sweep – Letters sent to all 205 houses. Be aware of the Baltimore County Community Sweep on Monday, May 9. On Friday, May 13, please don't park on street until after Street Sweeper has passed. Don't forget the voluntary activities of Saturday, May 14.*
 - c. *July Meeting – It was recommended and approved that the July Speaker will be from a Lawyer Association that Aaron encountered. Information discussed will include Advanced Medical Directive, Power of Attorney, Wills, Estate Planning, Trusts, and MOST.*
 - d. *Election 2017 SIA Board - Aaron Plymouth, Prince Green, and Carl Waters will not run for re-election.*
6. *Primary Election – Early Voting Thursday, April 14, 2016 through Thursday, April 21, 2016 from 10 am until 8 pm*

Primary Election - April 26, 2016, 7 am until 8 pm

7. *From The Floor*

- a. *Bens Run – The condition of Bens Run in the Stevenswood Community has deteriorated overtime. Baltimore County made an effort to provide some relief for the homeowners who back up to the stream, but sadly it hasn't been enough. The stream is a collector of waste materials, with stagnant water becoming a breeding ground for mosquitos and unwanted forms of plant life. It was requested that Baltimore County be contacted to see if spraying can be scheduled. On a larger scale the basin must be reassessed by Baltimore County to address the concerns of the community.*
 - b. *Dog Barking – There is an increase in the numbers of dogs and their tendency to bark excessively, especially at night. Individuals may submit an affidavit of complaint describing what they believe to be the violation of the County's animal laws to the Baltimore County Animal Services Division. The affidavit must be notarized. After it is submitted, Animal Services will determine whether a citation is warranted. If a citation has been issued, the cited party may (1) pay the fine within 5 days, or (2) request an appeal hearing in writing within 5 days. Both parties will be scheduled to appear and testify before the Animal Hearing Board. In order for the Board to uphold the charges in the citation and levy a fine, the complainant must appear. Affidavits of complaint are public information, therefore, anyone may review any complaint filed. If you are notified of a complaint, you may obtain the name and address of the complainant by written request.*
 - c. *BGE Activity – BGE has been digging on Stevenswood Road. It was determined they are replacing old pipes subject to leakage.*
8. *Next Meeting Date: July 13 @ 7:00 pm*
 9. *Adjournment: 8:55 pm*

10 Early Signs and Symptoms of Alzheimer's

Memory loss that disrupts daily life may be a symptom of Alzheimer's or [another dementia](#). Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. Every individual may experience one or more of these signs in different degrees. If you notice any of them, please see a doctor.

10 warning signs of Alzheimer's:

1

Memory loss that disrupts daily life



One of the most common signs of Alzheimer's is memory loss, especially forgetting recently learned information. Others include forgetting important dates or events; asking for the same information over and over; increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own.

What's a typical age-related change?

Sometimes forgetting names or appointments, but remembering them later.

2

Challenges in planning or solving problems



Some people may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before.

What's a typical age-related change?

Making occasional errors when balancing a checkbook.

3

Difficulty completing familiar tasks at home, at work or at leisure



People with Alzheimer's often find it hard to complete daily tasks. Sometimes, people may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.

What's a typical age-related change?

Occasionally needing help to use the settings on a microwave or to record a television show.

4

Confusion with time or place



People with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there.

What's a typical age-related change?

Getting confused about the day of the week but figuring it out later.

5

Trouble understanding visual images and spatial relationships



For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast, which may cause problems with driving.

What's a typical age-related change?

Vision changes related to cataracts.

6

New problems with words in speaking or writing



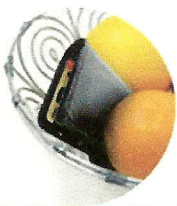
People with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have problems finding the right word or call things by the wrong name (e.g., calling a "watch" a "hand-clock").

What's a typical age-related change?

Sometimes having trouble finding the right word.

7

Misplacing things and losing the ability to retrace steps



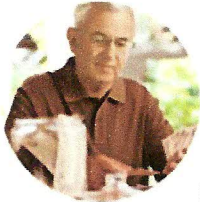
A person with Alzheimer's disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. Sometimes, they may accuse others of stealing. This may occur more frequently over time.

What's a typical age-related change?

Misplacing things from time to time and retracing steps to find them.

8

Decreased or poor judgment



People with Alzheimer's may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money, giving large amounts to telemarketers. They may pay less attention to grooming or keeping themselves clean.

What's a typical age-related change?

Making a bad decision once in a while.

9

Withdrawal from work or social activities

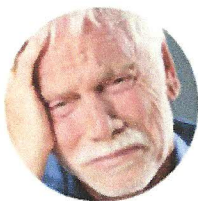


A person with Alzheimer's may start to remove themselves from hobbies, social activities, work projects or sports. They may have trouble keeping up with a favorite sports team or remembering how to complete a favorite hobby. They may also avoid being social because of the changes they have experienced.

What's a typical age-related change?

Sometimes feeling weary of work, family and social obligations.

Changes in mood and personality



The mood and personalities of people with Alzheimer's can change. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, at work, with friends or in places where they are out of their comfort zone.

What's a typical age-related change?

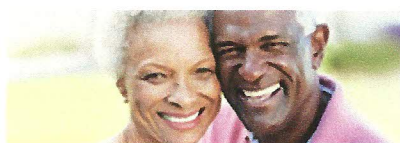
Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

Typical age-related memory loss and other changes compared to Alzheimer's

Signs of Alzheimer's	Typical age-related changes
Poor judgment and decision making	Making a bad decision once in a while
Inability to manage a budget	Missing a monthly payment
Losing track of the date or the season	Forgetting which day it is and remembering later
Difficulty having a conversation	Sometimes forgetting which word to use
Misplacing things and being unable to retrace steps to find them	Losing things from time to time

What to do if you notice these signs

[I HAVE ALZHEIMER'S](#)



If you have been diagnosed with Alzheimer's, you are not alone.

If you notice any of the [10 Warning Signs of Alzheimer's](#) in yourself or someone you know, don't ignore them. Schedule an appointment with your doctor.

With early detection, you can:

Get the maximum benefit from available treatments – You can explore treatments that may provide some relief of symptoms and help you maintain a level of independence longer. You may also increase your chances of participating in clinical drug trials that help advance research.

Have more time to plan for the future – A diagnosis of Alzheimer's allows you to take part in decisions about care, transportation, living options, financial and legal matters. You can also participate in building the right care team and social support network.

Help for you and your loved ones – Care and support services are available, making it easier for you and your family to live the best life possible with Alzheimer's or dementia.

Additional information:

When you see your doctor

Your doctor will evaluate your overall health and identify any conditions that could affect how well your mind is working. Your doctor may refer you to a specialist such as a:

- **Neurologist** – specializes in diseases of the brain and nervous system
- **Psychiatrist** – specializes in disorders that affect mood or the way the mind works
- **Psychologist** – has special training in testing memory and other mental functions
- **Geriatrician** – specializes in the care of older adults and Alzheimer's disease

"It took my mother having a stress-related heart attack before we quit dismissing my father's progressing dementia to 'senior moments' and got him a proper diagnosis of Alzheimer's. Had we paid attention to the warning signs of this disease, a lot of prevention could have been in place."

-Brent